ABSTRACT OF THE DISCLOSURE

An apparatus and method that optimizes the data rate for forward link data transmissions in a spread-spectrum communications system 106 is provided. The spreadspectrum communications system 106 comprises a wireless infrastructure 103, at least one wireless mobile receiving device 105, and an radio frequency (RF) forward link 104 between the wireless infrastructure 103 and the wireless mobile receiving device 105. The data rate of the RF forward link 104 is optimized in the wireless infrastructure 103 by estimating or measuring the bottleneck link speed of the data transmission and adjusting the data rate for the RF forward link 104 according to several embodiments of a data rate optimization algorithm. The algorithm creates an optimum range for the data rate of the RF wireless link 104 which maximizes system capacity and reduces transmission delays to the wireless mobile receiving device 105. When appropriate, the data rate of the RF forward link 104 is decreased to remain within the optimized range, thereby increasing 15 system capacity without impacting the performance perceived by a user at the wireless mobile receiving device 105. Conversely, if necessary, the data rate is increased to remain with the optimized range, thereby reducing transmission delays to the wireless mobile receiving device 105.